# Meal Plan Selection Form 2015 - 16

**The following options are available to new, first-year residential students:**

<table>
<thead>
<tr>
<th></th>
<th>The Basic 19</th>
<th>Deluxe Block 300</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>What is the cost per semester?</strong></td>
<td>$2,049</td>
<td>$2,285</td>
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<tr>
<td><strong>How many meals are included?</strong></td>
<td>19 per week</td>
<td>300 per semester</td>
</tr>
<tr>
<td><strong>How many Dining Dollars are included?</strong></td>
<td>0</td>
<td>$200</td>
</tr>
<tr>
<td><strong>Does the plan carry over from one week to the next?</strong></td>
<td>No, unused meals are forfeited at the end of Saturday meal times.</td>
<td>Yes, until the 300 meals are used or the end of the semester, whichever comes first.</td>
</tr>
<tr>
<td><strong>Is this plan available to residents?</strong></td>
<td>Yes, to all residents</td>
<td>Yes, to all residents</td>
</tr>
<tr>
<td><strong>Is this plan available to commuters?</strong></td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Does this plan allow “transfer meals?” See back for description.</strong></td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td><strong>How many meals can be used during same meal period?</strong></td>
<td>Once</td>
<td>Multiple</td>
</tr>
</tbody>
</table>

For questions about meal plans, residencelife@shephehd.edu or call 304-876-5172. See our web site at www.shepherd.edu/dineweb/ for further information about Shepherd University Dining Services.

**Meal Plan Request (for students who would like to change their meal plans):**

Name: ____________________________ ID Number: _________________

Phone #: ______________________ Email Address: ______________________

I would like to request the following meal plan:

- [ ] 19 meals per week at a cost of $2,049 per semester
- [ ] 300 Block Plan at a cost of $2,285 per semester

________________________________________ Date
Hours of Operation:

**Dining Hall (located on East Campus near Kenamond and Turner Halls):**
- Breakfast -- 7:15 a.m. to 10:00 a.m. (M-F); Continental 10:00 a.m. to 11:00 a.m. (M-F)
- Brunch -- 11:00 a.m. to 3:00 p.m. (Sa/Su; w/continental 9:00 a.m. to 11:00 a.m.)
- Lunch -- 11:00 a.m. to 3:00 p.m. (M-F); Soup, Salad, Pizza 3:00 p.m. to 4:00 p.m. (M-F)
- Dinner -- 4:00 p.m. to 8:00 p.m. (M-Th); Dinner 4:00 p.m. to 7:30 p.m. (F-Su)

**Ram's Den (located in the Student Center):**
- Monday to Thursday -- 7:00 a.m. to 9:00 p.m.
- Friday -- 7:00 a.m. to 3:00 p.m.

**Fireside Bistro (located in the Student Center):**
- Monday to Thursday -- 7:00 a.m. to 10:00 p.m.
- Friday -- 7:00 a.m. to 4:00 p.m.

**Wellness Café (located in the Wellness Center):**
- Monday to Thursday -- 7:00 a.m. to 8:00 p.m.
- Friday -- 7:00 a.m. to 7:00 p.m.
- Saturday -- noon to 7:00 p.m.

**Ram Mart (Convenience store located in Boteler Hall of West Woods Suites):**
- Sunday to Thursday – 5:00 p.m. to midnight

You receive a 5% discount on your food purchases when you use your Dining Dollars!

**Meal Transfer Times and Rates:**
- Students with the Basic 19, Flex 15, or Upperclassmen 12 meal plans can use their meal plans only once during each meal period (breakfast, lunch, or dinner).
- During the “meal transfer times,” the meal can be used in our Wellness and Student Center retail food locations during the times listed below.
- “Meal transfer” funds cannot be applied to packaged items, such as bottled drinks.
- The Ram Mart accepts dining dollars, cash, and credit but not “meal transfer.”
- Dining dollars can be used at any time.

**Examples of Meal Transfer:**
- A student who orders breakfast from the Wellness Center between 7:00 a.m. and 10:30 a.m., can spend up to $4.85 and it will count as one meal use.
- A student who orders a breakfast from the Wellness Center between 7:00 a.m. and 10:30 a.m. at a cost of $6.00 can use $4.85 from the meal plan transfer amount, and then use cash or dining dollars to cover the remaining $1.15 balance.

**Breakfast** -- transfer value $4.85
Available 7:00 a.m. to 10:30 a.m.

**Lunch** -- transfer value $6.15
Available 12:00 p.m. to 3:30 p.m.

**Dinner** -- transfer value $6.15
Available 4:00 p.m. to closing