

Shepherd Success Academy Monthly Newsletter

Inside This Issue:

- *SSA Speaker Series- Kevin Harkins*
- *SSA Math Tutoring Hours*
- *Rambo's Study Tips- The Snowball Method*
- *Success Spotlight- Holly Frye , AVP for Student Affairs*

SHEPHERD
UNIVERSITY

This month, the SSA speaker series is featuring Kevin Harkins, Ph.D. - Chief Executive Officer of Harkcon

Date: October 26th, 2017

Time 6 P.M. to 8P.M.

Location: Storer Ballroom



Want to discover how to unlock your inner potential? Join us for a dinner (SSA students only) at 6 P.M., then a presentation by Kevin D. Harkins, Chief Executive Officer of Harkcon, Inc, a company that specializes in helping students and employees to be motivated and inspired in the workplace. The presentation will be centered around peak performance, resilience and how to improve your social comfort level.

Math Mid-Term Grade Got You Down? We Can Help!

Whether you need help re-learning the material, figuring out what will be on the test, or figuring out how to study, you should join us during our SSA Math Tutoring Hours. Even swing by just to have your homework double checked before you turn it in...Every point counts! Tutors will be available for Math 101A, 101B, 101, and 105.

Library 256, 7-9 PM

Monday Evenings

Questions?

Email: Ckoresma@shepherd.edu



“Education is the most powerful weapon which you can use to change the world.”

-Nelson Mandela

Shepherd Staff Spotlight: Holly Frye, Assistant VP for Student Affairs and Director of Community and Congressional Relations



What college(s) did you attend and what did you major in?
McDaniel College (formerly Western Maryland College) Major - Communications

Where is your favorite place on Shepherd's campus? The Suite of Dreams (Suite 216, Student Center, Office of Student Success and Student Engagement)

What is one piece of advice you have for a student struggling to choose a major? Volunteer! If you want to find your interest or your passion, the very best way is to spend time volunteering. For example, if you want to work with children, volunteer at a school, coach a community sports teams, mentor at a Boys and Girls Club to work with different ages of children, or help with an after school program. Testing out the field this way will help you to decide if you really want to be an education major. If you are considering environmental studies, volunteer at a National Park, participate in a tree planting, or help create a wetland habitat to see if this area is what your passion is.

What is one piece of advice you would give to first year students at Shepherd? Find our office! The Office of Student Success is here for you and once you visit my staff, you'll understand why they are a part of the Suite of Dreams!

What is your best study tip?
Form a study group. Each of member of the group chooses the topic in the class that he/she struggles with the most, then teach that topic to the group.

Rambo's study tips of the month:



Having trouble staying motivated to get work done? The snowball method can help! Here's how it works:

1. Write down everything you have to get done.
2. Arrange them in order, with the top of your list being the thing you least mind doing
3. Do that task— you will find that completing a task will give you motivation to accomplish the next one, and so on!



SSA students participate in the Emerging Leaders Program, including Day of Service, where they helped the community at the Christ Reformed Church in Shepherdstown, WV, with cleaning and maintenance of grounds.

Pictured L to R: Kiersten Franks, Alan Garcia, Matt Connolly, Shelby Kowalski and Jeffrey Yancoskie