

## WELCOME!

A first-year experience class is a one-credit core curriculum requirement for all first-year students which may be fulfilled by taking one of the following courses\*:

1. FYEX 101: First-Year Seminar
2. FYEX 102: Interest Group
3. A course in the major ( if offered that has been designated as fulfilling first-year experience core curriculum competencies).
4. ATHC 101 for athletics.

\* Please note that your summer advisor will guide you to which first-year experience option is most appropriate for you.

\* Some classes meet once per week for the full semester, while others meet twice a week for the first half of the semester only.

## CLASS INFORMATION

### FYEX 101 First-Year Seminar:

Your key to college success! You'll learn about wellness, information literacy, critical thinking, experiential learning and life-long learning; you'll also discover resources on campus to help you succeed your first year and beyond. A textbook and a copy of the Shepherd University Common Reading is required.

### FYEX 102 Interest Group:

Your key to college success! While exploring an interest, you'll also learn about wellness, information literacy, critical thinking, experiential learning and life-long learning; you'll discover resources on campus to help you succeed your first year and beyond. A copy of the Shepherd University Common Reading is required. A \$10 student fee will be applied to your tuition bill.

## FYEX 102 INTEREST GROUPS

(CONTINUED)

### STUDY ABROAD

Explore the world with Study Abroad! Do you want to live and study in another country? Is wanderlust tugging you away to new places? Join us as we explore program options, planning strategies, financing and travel tips to make the most of your college experience while learning how to earn credit around the world.

31261 FYEX 102 11  
R 11:00 AM-12:15 PM

### UNDECLARED MAJOR?

#### MAJOR EXPLORATION

Are you having trouble deciding on a major? That's perfectly. Now is a great time to take a proactive approach to major selection by exploring careers and subjects that interest you. Explore the wide variety of majors Shepherd has to offer to see which one might be the right fit for you! Choose the section that works best with your schedule:

30208 FYEX 102 04 31063 FYEX 102 09  
T 11:00 AM-12:15 PM M 03:15 PM-04:30 PM

30891 FYEX 102 06  
W 08:45 AM-10:00 AM



# FYEX

FIRST YEAR  
EXPERIENCE

# FALL 2019 COURSES

Shepherd  
UNIVERSITY

## FIRST YEAR SEMINAR (FYEX 101)

### FULL SEMESTER

30483 FYEX 101 03    31620 FYEX 101 07  
T 09:35 AM-10:50 AM    R 01:50 PM-03:05 PM

### HALF SEMESTER

30481 FYEX 101 01    30482 FYEX 101 02  
MW 02:10 PM-03:00 PM    MW 10:10 AM-11:00 AM

30872 FYEX 101 05    31592 FYEX 101 06  
TR 03:15 PM-04:05 PM    MW 11:10 AM-12:00 PM

31628 FYEX 101 08    31642 FYEX 101 09  
MW 03:10 PM-04:00 PM    TR 03:15-04:05 PM

## FYEX 102 INTEREST GROUPS

### SUPERHEROES AND FINDING YOUR SUPER POWERS

Superman has strength, speed and durability. Wolverine has regenerative healing abilities and adamantium claws. Wonder Woman has strength, beauty and brains, in addition to her golden lasso of truth. What do you bring to the fight? This class will explore many different superheroes to help you identify your own super powers that can help you be successful in college. We will also identify your kryptonite and how to avoid it.

31087 FYEX 102 10

R 03:15 PM-04:30 PM

### THE INTERNATIONAL STUDENT EXPERIENCE

This course serves as a survival guide for newly arrived international students at Shepherd University. Learn about life at Shepherd University and become fully equipped to successfully complete the American college experience!

31408 FYEX 102 13

W 8:45 AM-10:00 AM

## VETERANS

Discover a network of resources specifically for veteran students to make your transition to college life easier. Past or present members of the US Military are encouraged to sign up! Open to all vets, not just those of first-year status.

30950 FYEX 102 07

T 01:50 PM-03:05 PM

## INSIDE THE NAZI STATE

We will examine the ramifications of genocide inside Auschwitz and Nazi Germany. This is a serious topic of discussion, tying in the past with the present. In addition to studying this historical time, you'll learn strategies for helping you succeed your first year of college and beyond.

31062 FYEX 102 08

R 04:15 PM-05:30 PM

## WOMEN IN MOVIES

No damsels in distress here! This class will examine movies featuring strong, independent female characters. We will look at how these characters use their strengths and talents to be successful and how you can tap into your own strengths and talents to be successful in your new starring role as a college student.

30855 FYEX 102 05

T 03:15 PM-04:30 PM

## SHEPHERD SUCCESS ACADEMY

This FYEX course is designed for students in the Shepherd Success Academy (SSA), a program that provides extra individual support through weekly one-to-one coaching in a weekly group meeting. The program is an opportunity to interact with other students transitioning from high school to Shepherd, as well as a personal success coach who will work with you throughout your first semester to learn more about your own learning style, key academic skills and strategies, and campus resources.

31320 FYEX 102 12    31611 FYEX 102 14

W 05:10 PM-06:00 PM    W 05:10 PM-06:00 PM

## RECIPES FOR SUCCESS

Can you whip up a gourmet meal in 45 minutes or less? In this cooking class, you'll sharpen your skills by learning how to slice, dice, braise, and sauté your way to a delicious meal. We'll cover basic techniques, practice time management, and experiment with dishes from around the world.

30210 FYEX 102 01

F 03:10 PM-04:25 PM

## TRiO

Students who may qualify for the TRiO Student Support Services Program. Contact 304-876-5775 for more information.

30220 FYEX 102 02    30207 FYEX 102 03

R 12:25 PM-01:40 PM    T 11:00 AM-12:15 PM

## LAUGHING TO LEARN

Many believe laughter is the best medicine (after actual medicine--Jim Gaffigan), but it is also the best learning tool. Studies have shown that humor can enhance retention of information and increase motivation. In this class, we'll explore various ways in which one can use humor to excel as a student and tackle the stresses of life, while studying the role of humor in our culture (primarily focusing on stand-up comedy).

31621 FYEX 102

MW 03:10 PM-04:00 PM

## ALL THE WORLD'S A STAGE

With a focus on theater, music, movies, the arts, and cosplay, we will explore the concept of the first year university experience through the creative arts. We will be exploring ideas and themes of student life through the lens of a variety of performance perspectives and will enjoy direct access to opportunities for collaborative creative expression. For first year students there is only one prerequisite: you must come to each class ready to participate and have fun.

31643 FYEX 102 16

T 03:15 PM-04:30 PM