2+2 Health Promotion and Exercise Science with Health Promotion Transfer Agreement with Shepherd University and Lord Fairfax Community College

Lord Fairfax Community College Course				Shepherd University Equivalent Course			
YEAR ONE				YEAR ONE			
Fall Course ID	Course Title	Cred.	CORE	Fall Course ID	Course Title	Cred.	CORE
ENG 111	College Composition I	3		ENGL 101	Writing and Rhetoric II	3	T1-ENG
HIS 111	History of Wrld Civilizations I	3		HIST 101	History of Civ. Ancient & Medieval	3	T1-HIST
MTH 154	Quantitative Reasoning	3		MATH 107	Quantitative Reasoning	3	T1-MA
ITE 115	Intro Computer Applications & Concepts	3		RECR 200	Recreation & Sport Management Tech	3	
SDV 100	College Success Skills	1		HLTH 101	FYEX in Health and Exercise	1	
PSY 200	Principles of Psychology	3		PSYC 101	Introduction to Psychology (MD)	3	T2-SO
FALL TOTAL	YEAR 1	16 hrs		FALL TOTAL	YEAR 1	16 hrs	
Spring Course ID	Course Title	Cred.	CORE	Spring Course ID	Course Title	Cred.	CORE
ENG 112	College Composition II	3		ENGL 102	Writing and Rhetoric II	3	T1-ENG
CST 100	Principles of Public Speaking	3		COMM 202	Fundamentals of Speech (GL)	3	T2-HM
PSY 230	Developmental Psychology	3		PSYC 340	Lifespan Development Psychology	3	
PLS 135	U.S. National Politics	3		PSCI 101	American Federal Government (CK)	3	T2-SO
SOC 200 or ECO 201 or ECO 202	Principles of Sociology or Prin. of Macroeconomics or Prin. of Microeconomics	3		SOCI 203 or ECON 205 or ECON 206	General Sociology or Principles of Macroeconomics or Principles of Microeconomics	3	T2-SO
SPRING TOTAL	YEAR 1	15 hrs		SPRING TOTAL	YEAR 1	15 hrs	
YEAR TWO				YEAR TWO			
Fall Course ID	Course Title	Cred.	CORE	Fall Course ID	Course Title	Cred.	CORE
BIO 101	General Biology I	4		BIOL 104	General Biology	4	T1-LS
RPK 141	Leadership and Supervision	3		HLTH 100	Exercise Leadership	3	
HLT 105	Cardiopulmonary Resuscitation	1		ELECTIVE	Elective	1	
ART 101 or MUS 121	History & Appreciation of Art I or Music Appreciation I	3		ART 103 or MUSC 111	Introduction to Visual Art or Introduction to Music (GL)	3	T2-AR
HLT 156	Healthcare for Athletic Injuries	3		ATHC 324	Care and Prevention of Athletic Injuries	3	
HLT 160	Personal Health and Fitness	3		GSPE 210	Fitness for Life	3	T2-WE
FALL TOTAL	YEAR 2	17 hrs		FALL TOTAL	YEAR 2	17 hrs	
Spring Course ID	Course Title	Cred.	CORE	Spring Course ID	Course Title	Cred.	CORE
BIO 102	General Biology II	4		BIOL 103	General Biology	4	T1-LS
CORE	Humanities Elective	3		CORE	Humanities Core Requirement	3	T2-HM
ENG 241	Survey of American Literature I	3		ENGL 204	Survey of American Literature (MD)	3	T2-HM
PSY 215	Abnormal Psychology	3		PSYC 309	Abnormal Psychology	3	
SPRING TOTAL	YEAR 2	13 hrs		SPRING TOTAL	YEAR 2	13 hrs	61 hrs

		Sheph	<mark>erd Univ</mark>	ersity Courses				
YEAR THREE				YEAR THREE				
Fall Course ID	Shepherd Course Title	Cred.	CORE	Spring Course ID	Shepherd Course Title	Cred.	CORE	
HLTH 110	Wellness in the Workplace	3		HLTH 375	Exercise Physiology	3		
HLTH 203	Contemporary Health I	3		HLTH 390	Exercise Prescription	4		
HLTH 235	Stress Management	3		BADM 360	Marketing of Services	3		
BADM 323	Human Resources/Business Ethics	3		HLTH 405	Applied Kinesiology	3		
BIOL 225	Human Anatomy and Physiology I	3		BIOL 226	Human Anatomy and Physiology II	3		
BIOL 227	Human Anatomy and Physiology I, LAB	1		BIOL 228	Human Anatomy and Physiology II, LAB	1		
FALL TOTAL	YEAR 3	16 hrs		SPRING TOTAL	YEAR 3	17 hrs		
YEAR FOUR				YEAR FOUR				
Fall Course ID	Shepherd Course Title	Cred.	CORE	Spring Course ID	Shepherd Course Title	Cred.	CORE	
HLTH 391	Worksite Health Promotion	3		HLTH 450	HPEX Internship	9	T3-CAP	
HLT 465	Essentials of Strength/Conditioning	3		HLTH 400	Exercise for Special Populations	3		
HLTH 468	Principles of Sport Nutrition	3						
HLTH 350	Research in Health & Exercise	3	T2-WM					
HLTH 225	First Aid/CPR (waive with current certification)	3						
FALL TOTAL	YEAR 4	15 hrs		SPRING TOTAL	YEAR 4	12 hrs		
			TOTAL	CREDITS	FOR ALL FOUR YEARS	121		

Approved By:	R. Scotl Bear.C	March 26, 2020	Approved By:	March 29, 2020
	Scott Beard, Provost	Date	Kimberly Blosser, President	Date
	Shenherd University		Lord Fairfay Community College	