

2+2 Health Promotion and Exercise Science with Health Promotion Transfer Agreement with Shepherd University and Lord Fairfax Community College

Lord Fairfax Community College Course				Shepherd University Equivalent Course			
YEAR ONE				YEAR ONE			
Fall Course ID	Course Title	Cred.	CORE	Fall Course ID	Course Title	Cred.	CORE
ENG 111	College Composition I	3		ENGL 101	Writing and Rhetoric II	3	T1-ENG
HIS 111	History of Wrld Civilizations I	3		HIST 101	History of Civ. Ancient & Medieval	3	T1-HIST
MTH 154	Quantitative Reasoning	3		MATH 107	Quantitative Reasoning	3	T1-MA
ITE 115	Intro Computer Applications & Concepts	3		RECR 200	Recreation & Sport Management Tech	3	
SDV 100	College Success Skills	1		HLTH 101	FYEX in Health and Exercise	1	
PSY 200	Principles of Psychology	3		PSYC 101	Introduction to Psychology (MD)	3	T2-SO
FALL TOTAL		YEAR 1		FALL TOTAL		YEAR 1	
		16 hrs				16 hrs	
Spring Course ID	Course Title	Cred.	CORE	Spring Course ID	Course Title	Cred.	CORE
ENG 112	College Composition II	3		ENGL 102	Writing and Rhetoric II	3	T1-ENG
CST 100	Principles of Public Speaking	3		COMM 202	Fundamentals of Speech (GL)	3	T2-HM
PSY 230	Developmental Psychology	3		PSYC 340	Lifespan Development Psychology	3	
PLS 135	U.S. National Politics	3		PSCI 101	American Federal Government (CK)	3	T2-SO
SOC 200 or ECO 201 or ECO 202	Principles of Sociology or Prin. of Macroeconomics or Prin. of Microeconomics	3		SOCI 203 or ECON 205 or ECON 206	General Sociology or Principles of Macroeconomics or Principles of Microeconomics	3	T2-SO
SPRING TOTAL		YEAR 1		SPRING TOTAL		YEAR 1	
		15 hrs				15 hrs	
YEAR TWO				YEAR TWO			
Fall Course ID	Course Title	Cred.	CORE	Fall Course ID	Course Title	Cred.	CORE
BIO 101	General Biology I	4		BIOL 104	General Biology	4	T1-LS
RPK 141	Leadership and Supervision	3		HLTH 100	Exercise Leadership	3	
HLT 105	Cardiopulmonary Resuscitation	1		ELECTIVE	Elective	1	
ART 101 or MUS 121	History & Appreciation of Art I or Music Appreciation I	3		ART 103 or MUSC 111	Introduction to Visual Art or Introduction to Music (GL)	3	T2-AR
HLT 156	Healthcare for Athletic Injuries	3		ATHC 324	Care and Prevention of Athletic Injuries	3	
HLT 160	Personal Health and Fitness	3		GSPE 210	Fitness for Life	3	T2-WE
FALL TOTAL		YEAR 2		FALL TOTAL		YEAR 2	
		17 hrs				17 hrs	
Spring Course ID	Course Title	Cred.	CORE	Spring Course ID	Course Title	Cred.	CORE
BIO 102	General Biology II	4		BIOL 103	General Biology	4	T1-LS
CORE	Humanities Elective	3		CORE	Humanities Core Requirement	3	T2-HM
ENG 241	Survey of American Literature I	3		ENGL 204	Survey of American Literature (MD)	3	T2-HM
PSY 215	Abnormal Psychology	3		PSYC 309	Abnormal Psychology	3	
SPRING TOTAL		YEAR 2		SPRING TOTAL		YEAR 2	
		13 hrs				13 hrs	61 hrs

