Who to call with Questions			
WHO	WHY	PHONE	WEBSITE
PEIA	Answers to questions about the PEIA PPB Plans	888-680-7342 (toll-free)	www.wvpeia.com
UMR	Answers to questions about eligibility, benefits and network.	888-440-7342 (toll-free)	www.UMR.com
The Health Plan of West Virginia, Inc. HMOs & POS	Answers to questions about The Health Plan of West Virginia, Inc.'s Benefits	800-624-6961 (toll-free) or 888-847-7902	www.healthplan.org
MetLife	Answers to questions about life insurance or to file a life insurance claim	1-888-466-8640 (toll-free)	https:// www.metlife.com/ WV-PEIA/
Mountaineer Flexible Benefits	Dental, vision, disability insur- ance, flexible spending accounts, etc.	844-559-8248 (toll-free)	www.myfbmc.com