

Men's Health Month

Statistics

- 450,000 men die of cardiovascular disease each year (CDC).
- More than 700,000 men are diagnosed with a type of cancer each year; 300,000 of those cases will result in death (Men's Health Resource Center).
- 230,000 men are diagnosed with prostate cancer every year. It's the second leading cause of death in men (Cancer.org)
- Only 3 out of 5 men get annual physicals
- Over 40% of men only go to the doctor when they think they have a serious medical condition
- More than half of men said their health wasn't something they talk about.

Men's Health Resources

- Men's Health Network-
<https://www.menshealthnetwork.org/>
- Movember- <https://us.movember.com>
- NCCIH-
<https://www.nccih.nih.gov/health/mens-health>
- Men's Resource Center-
<https://menscenter.org/>