

Mental Health Counseling, M.A.

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The Master of Arts in Mental Health Counseling, a program with 60 required hours for those who would like to apply for licensure as a mental health counselor.

Admissions Requirements: Completion of online Graduate application, earned bachelor's degree, undergraduate transcripts, and graduate transcripts (if applicable).

Foundations in Counseling

- CNSL 501 Introduction to Helping Services (3cr)
- CNSL 502 History of Mental Health Counseling (3cr)
- CNSL 510 Counseling Theories (3cr)
- CNSL 511 Counseling Techniques (3cr)

Clinical Mental Health Specialty

- CNSL 515 Alcohol and Drug Counseling (3cr)
- CNSL 516 Crisis and Trauma Interventions (3cr)
- CNSL 517 Diagnosis and Psychopathology (3cr)
- CNSL 518 Marriage and Family Counseling (3cr)
- CNSL 519 Death and Dying (3cr)

Counseling Techniques and Interventions

- CNSL 520 Psychotherapy and Treatment (3cr)
- CNSL 521 Advanced Counseling Theory (3cr)
- CNSL 522 Advanced Counseling Techniques (3cr)

Assessment and Diagnosis

- CNSL 530 Assessment Methods (3cr)
- CNSL 531 Diagnostic and Statistical Manual (3cr)

Research and Program Evaluation (Pick 1)

- CNSL 600 Capstone (3cr)
- CNSL 601 Thesis (3cr)

Practicum (150 hours)

- CNSL 540 Practicum (3cr)

Internship (750 hours)

- CNSL 541 Internship I (375 hours) (3cr)
- CNSL 542 Internship II (375 hours) (3cr)

Electives

- CNSL 550 Expressive Therapies (3cr)
- CNSL 551 Cultural Therapies (3cr)

